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$$
x=7.5 \cdot \frac{1}{100} \cdot 560=\frac{7.5}{100} \cdot 560=0.075 \cdot 560=42
$$

or find $1 \%$ of 560 and multiply by 7.5

$$
x=\frac{560}{100} \cdot 7.5=5.6 \cdot 7.5=42
$$

